

SENT VIA EMAIL AND CERTIFIED MAIL

Date: [Date]

To:

[Name of Recipient]

[Recipient Address]

[City, State, Zip Code]

From:

[Your Name/Law Firm Name]

[Your Address]

[City, State, Zip Code]

RE: CEASE AND DESIST - DEFAMATORY STATEMENTS REGARDING PROFESSIONAL STANDING

To [Recipient Name],

It has come to my attention that you have recently published and/or distributed false and malicious statements claiming that I have been disbarred from the practice of law. Specifically, these statements were made on [Date] via [Platform, e.g., Social Media, Website, Email].

These allegations are demonstrably false. I am currently an attorney in good standing with the [State Name] State Bar, and my license to practice law has never been revoked or suspended. Your claims constitute defamation per se, as they directly attack my professional reputation and integrity in my trade and profession.

Your actions have caused, and continue to cause, significant damage to my professional reputation and business interests. Under applicable law, you may be held liable for compensatory and punitive damages resulting from these libelous statements.

I hereby demand that you immediately:

- Cease and desist from making any further false statements regarding my professional standing or bar status.
- Remove all defamatory posts, comments, or publications regarding this matter from all platforms within 24 hours.
- Issue a formal written retraction and apology in the same forum where the original false claims were made.

Failure to comply with these demands by [Deadline Date] will leave me with no choice but to pursue formal legal action against you, including filing a lawsuit for defamation, seeking injunctive relief, and recovery of legal fees.

This letter is sent without prejudice to my rights and remedies, all of which are expressly reserved.

Governing yourself accordingly,

Sincerely,

[Your Signature]

[Your Printed Name]

[Your Bar Number, optional]