

**VIA CERTIFIED MAIL / RETURN RECEIPT REQUESTED**

Date: [Insert Date]

To: [Recipient Name]  
[Recipient Address]  
[City, State, Zip Code]

**RE: CEASE AND DESIST - DEFAMATORY AND FALSE ALLEGATIONS OF MALPRACTICE**

Dear [Recipient Name],

This law firm represents [Your Name/Practice Name] regarding your recent false and disparaging statements concerning professional services rendered on [Date].

It has come to our attention that you have published, distributed, or otherwise communicated false allegations of professional malpractice against [Your Name/Practice Name]. Specifically, you have stated that: [Describe specific false statements or attach copies of reviews/emails].

These allegations are demonstrably false, lack any medical or legal merit, and constitute defamation per se. Your actions have caused, and continue to cause, significant harm to the professional reputation and business operations of [Your Name/Practice Name].

**DEMAND IS HEREBY MADE THAT YOU IMMEDIATELY:**

- Cease and desist from making any further false or disparaging statements regarding [Your Name/Practice Name].
- Remove all false postings, reviews, or public comments from the internet and any social media platforms within [Number] hours of receipt of this letter.
- Provide written assurance to this office that you will refrain from further defamatory conduct.

Please be advised that [Your Name/Practice Name] is prepared to pursue all available legal remedies, including a lawsuit for defamation, business disparagement, and intentional interference with contractual relations. We will seek compensatory damages, punitive damages, and legal fees should this matter proceed to litigation.

This letter is a formal notice to preserve all evidence related to this matter, including emails, social media logs, and communications with third parties. Failure to comply with the demands in this letter will result in immediate legal action without further notice.

Govern yourself accordingly.

Sincerely,

[Your Signature / Attorney Signature]

[Printed Name]

[Law Firm Name, if applicable]

[Phone Number]