

head>

[Attorney Name/Law Firm]

[Address]

[City, State, Zip Code]

[Phone Number]

[Email]

[Date]

SENT VIA [Method of Delivery: e.g., Certified Mail / Process Server]

[Recipient Name]

[Recipient Address]

[City, State, Zip Code]

RE: CEASE AND DESIST; NOTICE TO ENJOIN INTIMIDATING BEHAVIOR

Dear [Recipient Name],

This office represents [Client Name] regarding your ongoing conduct and interactions with my client. It has come to our attention that you have engaged in a pattern of behavior intended to intimidate, harass, and cause emotional distress to [Client Name].

Specifically, your actions include, but are not limited to: [List specific instances of intimidation, dates, and locations].

Your behavior is unacceptable and may constitute violations of [State/Local Statute] regarding harassment, stalking, or intentional infliction of emotional distress. This letter serves as formal notice to immediately cease and desist all intimidating, threatening, or harassing behavior toward [Client Name].

Furthermore, you are directed to:

- Refrain from any direct or indirect contact with [Client Name] via telephone, email, social media, or through third parties.
- Remain at least [Number] feet away from [Client Name]'s residence, place of employment, and person at all times.
- Stop any form of surveillance or following of [Client Name].

Consider this a final warning. If you fail to comply with this demand immediately, we are prepared to take all necessary legal actions to protect our client's safety and rights. This may include, but is not limited to, seeking a temporary restraining order (TRO), a permanent injunction, and pursuing damages for any harm caused.

We strongly advise you to consult with legal counsel regarding the seriousness of this matter. We expect your immediate and permanent compliance.

Sincerely,

[Attorney Signature]

[Attorney Name]

[Law Firm Name]