

**DATE:** [Date]

**TO:** [Recipient Full Name]

**ADDRESS:** [Recipient Address, if known]

**EMAIL/ACCOUNT:** [Recipient Email Address or Social Media Handle]

**RE: NOTICE OF RESTRAINING ORDER REGARDING ELECTRONIC COMMUNICATION**

Dear [Recipient Name],

This letter serves as formal notice that a Restraining Order was issued against you by the [Court Name] in [City, State/Province] on [Date Order Issued].

Under the terms of Case Number [Case Number], you are strictly prohibited from contacting [Protected Person's Name] through any electronic means. This includes, but is not limited to:

- Email and instant messaging;
- Social media platforms (direct messages, comments, or tagging);
- Text messages (SMS/MMS);
- Telephone calls or video conferencing;
- Third-party electronic communication.

**REQUIRED ACTION:**

You must immediately cease all electronic contact with the protected party. You are further ordered to refrain from posting any private information, images, or defamatory content regarding the protected party on any internet forum or social media site.

**WARNING:**

A violation of this Restraining Order is a criminal offense. Failure to comply with these conditions may result in your immediate arrest, fines, and/or imprisonment. Law enforcement agencies have been provided with a copy of this order.

A full copy of the court order is attached to this notice. Please direct any legal inquiries to your legal counsel or the Clerk of Court at [Court Phone Number].

Sincerely,

[Your Name/Law Firm Name]

[Your Phone Number]

[Your Address]