

URGENT: CEASE AND DESIST NOTICE

Date: [Insert Date]

To: [Recipient Name]

Address: [Recipient Address, if known]

Email/Username: [Recipient Email or Social Media Handle]

Re: Unauthorized Distribution of Intimate Media

To [Recipient Name],

I am writing to formally demand that you immediately cease and desist from the unauthorized distribution, sharing, or publication of private, intimate images or videos of me.

It has come to my attention that you are in possession of, or have distributed, the following media: [Describe media briefly without being graphic, e.g., photos/videos taken on Date/Location].

I did not consent to the distribution or public display of this material. Your actions may constitute a violation of "Revenge Porn" laws, harassment statutes, and privacy laws in our jurisdiction. Such actions can lead to both civil liability and criminal prosecution.

I hereby demand that you:

- Immediately remove and delete all such media from any websites, social media platforms, or digital storage devices under your control.
- Cease any further sharing, sending, or uploading of this media to any third parties.
- Confirm in writing within [Number, e.g., 24 or 48] hours that you have complied with these demands and destroyed all copies of the media in your possession.

Please be advised that I am monitoring the situation closely. If you fail to comply with this notice immediately, I am prepared to pursue all available legal remedies, including filing a formal report with law enforcement and initiating a civil lawsuit for damages and injunctive relief.

This letter is sent without prejudice to my rights and remedies, all of which are expressly reserved.

Governed by the laws of [Your State/Country].

Sincerely,

[Your Name]

[Your Phone Number/Email]