

Date: [Date]

RE: [Patient Full Name]

Date of Birth: [DOB]

Date of Assessment: [Date]

To: [Referring Provider Name/Primary Care Physician]

Dear [Provider Name],

Thank you for referring [Patient Name] for a comprehensive psychiatric diagnostic assessment. I had the opportunity to evaluate the patient on [Date]. Below is a summary of my findings and recommendations.

Reason for Referral

[Describe the chief complaint and the primary reasons the patient was referred for evaluation.]

History of Present Illness

[Provide a summary of the onset, duration, and severity of psychiatric symptoms. Include relevant stressors and previous treatments tried.]

Psychiatric and Medical History

- **Past Psychiatric History:** [Prior diagnoses, hospitalizations, and suicide attempts]
- **Substance Use History:** [Current and past use of alcohol, tobacco, and illicit drugs]
- **Medical History:** [Relevant medical conditions and surgeries]
- **Family History:** [History of mental illness or substance use in first-degree relatives]

Current Medications

[List all current psychiatric and non-psychiatric medications and dosages.]

Mental Status Examination

[Briefly describe Appearance, Behavior, Speech, Mood, Affect, Thought Process, Thought Content, Cognition, and Insight/Judgment.]

Diagnostic Impression (ICD-10/DSM-5)

1. [Primary Diagnosis]
2. [Secondary Diagnosis/Comorbidities]
3. [Psychosocial Factors]

Treatment Plan and Recommendations

Based on today's assessment, I recommend the following:

- **Pharmacotherapy:** [New medications prescribed or adjustments recommended]
- **Psychotherapy:** [Type of therapy recommended, e.g., CBT, DBT]
- **Laboratory/Testing:** [Orders for blood work, imaging, or psychological testing]
- **Follow-up:** [Frequency of future appointments]

I will continue to monitor [Patient Name] and will keep you updated on their progress. Please feel free to contact my office at [Phone Number] if you have any questions.

Sincerely,

[Signature]

[Provider Name, Credentials]

[Clinic/Practice Name]