Date: [Date]
Referring Physician: [Referring Doctor Name]
Patient Name: [Patient Name]
Date of Birth: [DOB]
Medical Record Number: [MRN]

RE: Geriatric Endocrinology Consultation - Complex Diabetes Management

Dear Dr. [Last Name],

I had the pleasure of evaluating [Patient Name] today regarding the management of their complex type [2/1] diabetes mellitus in the context of geriatric syndromes and multiple comorbidities.

Clinical Impression:
The patient presents with long-standing diabetes complicated by [List complications: e.g., neuropathy, CKD, retinopathy]. Current glycemic control is [suboptimal/frail-appropriate] with a recent HbA1c of [Value]%. Management is challenged by [List factors: e.g., cognitive impairment, frequent hypoglycemia, polypharmacy, or caregiver burden].

Functional and Cognitive Assessment:
- Functional Status: [Independent / Assisted Living / Total Care]
- Cognitive Screen: [e.g., MoCA/MMSE score]
- Hypoglycemia Awareness: [Intact / Impaired]

Current Medications:
[List current diabetes medications and dosages]

Assessment and Plan:

1. **Glycemic Targets:** Given the patient's [frailty/comorbidities], we are setting a relaxed HbA1c target of [7.5% - 8.5%] to prioritize safety and avoid hypoglycemic events.

2. **Medication Adjustments:**
- [Adjustment 1: e.g., De-prescribing sulfonylureas to reduce fall risk]
- [Adjustment 2: e.g., Initiating basal insulin analog or weekly GLP-1 with simplified dosing]

3. **Monitoring:**
- [e.g., Transitioning to Continuous Glucose Monitoring (CGM) for nocturnal hypoglycemia detection]
- [e.g., Reducing fingerstick frequency to once daily]

4. **Support Systems:**
- Referral to Diabetes Self-Management Education (DSME) for caregiver training.
- Physical Therapy referral to address balance and gait instability related to neuropathy.

I will see the patient again in [Timeframe] to monitor the effectiveness of these changes. Thank you for the opportunity to participate in the care of this patient.

Sincerely,

[Your Name, MD/DO]
Geriatric Endocrinology
[Contact Information]