

**Date:** [Date]

**To:** [Insurance Company Name]

**Attention:** Medical Review/Prior Authorization Department

**Fax/Address:** [Fax Number or Address]

**RE: Letter of Medical Necessity for Continuous Glucose Monitoring (CGM)**

**Patient Name:** [Patient Name]

**Date of Birth:** [Patient DOB]

**Policy Number:** [Policy ID]

**Group Number:** [Group ID]

To Whom It May Concern,

I am writing to request coverage for a Continuous Glucose Monitoring (CGM) system for my patient, [Patient Name], who is currently under my care for the management of [Type 1/Type 2] Diabetes Mellitus (ICD-10 Code: [Code]).

**Clinical Justification:**

[Patient Name] is a pediatric patient who requires intensive insulin therapy. Despite frequent manual blood glucose monitoring ([Number] times per day), the patient continues to experience the following clinical challenges:

- Frequent episodes of hypoglycemia (blood glucose < 70 mg/dL).
- Hypoglycemia unawareness, posing a significant safety risk.
- Significant glucose variability and nocturnal fluctuations.
- Inability to recognize or communicate symptoms of glucose changes due to age/developmental status.

**Prescribed Equipment:**

I have prescribed the [Name of CGM System, e.g., Dexcom G6/G7, FreeStyle Libre 3] as a medically necessary tool. This device provides real-time glucose data and essential safety alerts for high and low glucose levels, which are critical for preventing emergency department visits and long-term complications.

**Medical Necessity:**

The use of a CGM is the standard of care for pediatric patients on intensive insulin regimens. This technology is necessary to allow the patient's caregivers to make informed, real-time adjustments to insulin dosing and to ensure the patient's safety during school, sleep, and physical activity.

I request that you approve this request for [Patient Name]. Please contact my office at [Phone Number] if you require additional documentation.

Sincerely,

[Physician Signature]

[Physician Name, MD/DO]

[Practice Name]

[NPI Number]