

## **URGENT: EXPEDITED REVIEW REQUESTED**

**Date:** [Insert Date]

**To:** [Insurance Company Name / Utilization Review Department]

**Attention:** Medical Director

**Fax Number:** [Insert Fax Number]

**Re:** Letter of Medical Necessity for Psychiatric Residential Treatment Center (RTC)

**Patient Name:** [Insert Patient Name]

**Date of Birth:** [Insert DOB]

**Member ID:** [Insert ID Number]

**Group Number:** [Insert Group Number]

**Requested Facility:** [Insert Facility Name]

To Whom It May Concern,

I am writing to formally request immediate authorization for admission to a Psychiatric Residential Treatment Center (RTC) for [Patient Name]. As [Patient Name]'s treating physician/clinician, I have determined that this level of care is medically necessary due to the severity of their psychiatric condition and the failure of less intensive interventions.

### **Clinical Diagnoses:**

1. [Diagnosis Name] ([ICD-10 Code])
2. [Diagnosis Name] ([ICD-10 Code])

### **Current Clinical Status and Risk Factors:**

The patient is currently experiencing [Describe acute symptoms: e.g., suicidal ideation, self-harm behaviors, psychosis, or extreme emotional dysregulation]. [Patient Name] currently presents a significant risk to [self/others] and requires 24-hour clinical supervision and stabilization that cannot be safely provided in an outpatient or partial hospitalization setting.

### **Previous Treatment History:**

The patient has attempted the following levels of care without sustained stabilization:

- [Treatment Type/Date]: [Result/Reason for failure]
- [Treatment Type/Date]: [Result/Reason for failure]

### **Medical Necessity Justification:**

Residential treatment is required to provide [Insert specific needs: e.g., intensive medication management, 24/7 safety monitoring, trauma-informed therapy]. Without this intervention, the patient is at high risk for [Insert risk: e.g., acute hospitalization, permanent disability, or death]. This request meets the criteria for medical necessity as the patient's condition is complex, chronic, and requires a structured environment for therapeutic progress.

Please expedite this review due to the urgent nature of the patient's psychiatric instability. I am available for a peer-to-peer review at [Insert Phone Number] if further clarification is required.

Sincerely,

[Your Signature]

**[Your Printed Name and Credentials]**

**[Facility/Practice Name]**

**[Phone Number]**