

[Physician Name/Clinic Name]  
[Address Line 1]  
[City, State, Zip Code]  
[Phone Number]  
[Date]

[Surgeon Name]  
[Surgical Department/Hospital]  
[Address Line 1]  
[City, State, Zip Code]

**RE: High-Risk Medical Clearance**

**Patient Name:** [Patient Full Name]  
**Date of Birth:** [DOB]  
**Proposed Procedure:** [Procedure Name]  
**Date of Surgery:** [Surgery Date]

Dear Dr. [Surgeon Last Name],

I have evaluated [Patient Name] regarding their medical readiness for the above-mentioned procedure. Due to the patient's complex medical history, they are categorized as **High Risk** for perioperative complications.

**Clinical Diagnoses:**

- [Condition 1, e.g., Congestive Heart Failure - EF 35%]
- [Condition 2, e.g., Severe COPD]
- [Condition 3, e.g., Chronic Kidney Disease Stage IV]
- [Condition 4, e.g., Poorly Controlled Type 2 Diabetes]

**Cardiac/Pulmonary Status:**

The patient reports [e.g., shortness of breath on minimal exertion/stable angina]. Recent [ECHO/EKG/Stress Test] on [Date] showed [Summary of Results]. Pulmonary function tests indicate [Result].

**Medication Management:**

- **Anticoagulants:** [Instructions for stopping/bridging Warfarin/DOACs]
- **Antiplatelets:** [Instructions for Aspirin/Plavix]
- **Diabetics:** [Instructions for Insulin/Oral meds on DOS]
- **Beta-Blockers:** [To be continued morning of surgery]

**Recommendations for Perioperative Care:**

- Continuous intra-arterial blood pressure monitoring (A-line).

- Post-operative admission to ICU/HDU for [Number] hours.
- Strict fluid management due to [Reason].
- Prophylactic [Antibiotic/Anticoagulation] as per protocol.

**Clearance Status:**

The patient is cleared for the proposed surgery **contingent upon the high-risk optimizations noted above**. The patient and family have been counseled regarding the elevated risk of [Mortality/Morbidity/Cardiac Event] associated with this procedure.

Please contact my office at [Phone Number] if you have any questions.

Sincerely,

[Signature]

[Printed Name, MD/DO/NP/PA]

[Specialty, e.g., Cardiology/Internal Medicine]