

[Clinic Name]  
[Clinic Address]  
[City, State, Zip Code]  
[Phone Number]  
[Date]

RE: [Patient Name]  
Date of Birth: [DOB]  
Date of Surgery: [Surgery Date]

To Whom It May Concern:

This letter serves to confirm that [Patient Name] is currently under my care for orthopedic surgical treatment involving the [Body Part/Procedure].

Due to the nature of this procedure and the requirements of the recovery process, the patient is currently considered disabled and is unable to return to work at this time.

**Estimated Duration of Disability:** [Number of weeks/months]  
**Expected Return to Work Date:** [Date] (Pending clinical evaluation)

Upon returning to work, the patient will likely require the following restrictions:

- No lifting more than [Number] pounds.
- No repetitive bending, twisting, or reaching.
- Ability to change positions (sitting/standing) as needed for pain management.
- Limited use of the affected extremity.

The patient will be re-evaluated on [Follow-up Date], at which time their status may be updated. Please contact our office if you require any further documentation.

Sincerely,

[Physician Signature]  
[Physician Name, MD/DO]  
[Medical License Number]