

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Dear [Patient Name],

As you approach your [18th/21st] birthday, we want to congratulate you on reaching this milestone. Our practice has enjoyed providing your care throughout your childhood and adolescence. However, as you are now entering adulthood, it is time to transition your medical care from a pediatric office to an internal medicine or family medicine physician who specializes in adult care.

To ensure a smooth transition, we recommend that you find a new primary care provider by [Date]. This will allow time for your medical records to be transferred and for you to establish a relationship with your new doctor before you have an urgent medical need.

Next Steps for Your Transition:

- **Choose a New Provider:** Check with your insurance company for a list of in-network adult primary care physicians.
- **Medical Records:** Once you have selected a new doctor, please sign the enclosed "Release of Information" form and return it to our office. We will send a summary of your medical history, immunization records, and recent lab results to your new provider.
- **Prescriptions:** Please ensure you have enough refills on your current medications to last until your first appointment with your new doctor.

If you have any questions regarding this transition or need recommendations for local adult providers, please do not hesitate to call our office at [Office Phone Number].

It has been a privilege to be your pediatricians. We wish you the very best in health and success in your future endeavors.

Sincerely,

[Doctor Name or Practice Name]

[Practice Address]

[Phone Number]