Date: [Date]

Patient Name: [Patient Full Name]
Date of Birth: [DOB]
Patient ID: [ID Number]

DISCHARGE SUMMARY: CHRONIC LIVER DISEASE MANAGEMENT

Admission Date: [Date]

Discharge Date: [Date]

Final Diagnosis:

- Primary: Chronic Liver Disease (CLD) secondary to [Etiology: e.g., Alcohol, NASH, Hepatitis]
- Stage: [e.g., Compensated/Decompensated Cirrhosis, Child-Pugh Score]
- Secondary: [e.g., Ascites, Portal Hypertension, Hepatic Encephalopathy]

Clinical Course and Interventions:

[Brief description of stabilization, procedures like paracentesis, or imaging results during stay].

Discharge Medications:

- **Diuretics:** [Name/Dose] (e.g., Spironolactone/Furosemide)
- **Lactulose/Rifaximin:** [Dose/Frequency] (for ammonia management)
- **Beta-Blockers:** [Name/Dose] (for variceal prophylaxis)
- **Other:** [List any vitamins or antiviral therapy]

Required Lifestyle Management:

- **Alcohol:** Strict abstinence required.
- **Diet:** Low sodium diet ([Amount] g/day); high protein intake as tolerated.
- **Fluid Restriction:** [Amount] liters per day (if applicable).
- **Medication Safety:** Avoid NSAIDs (e.g., Ibuprofen, Naproxen) and limit Acetaminophen.

Follow-Up Plan:

- **Gastroenterology/Hepatology Clinic:** [Date and Time]
- **Laboratory Work:** [Frequency] (LFTs, INR, Creatinine, CBC)
- **Imaging:** Next HCC surveillance (Ultrasound/MRI) due on: [Date]
- **Endoscopy:** Next EGD for variceal screening due on: [Date]

Red Flags (Seek immediate medical attention if):

- Increased confusion, drowsiness, or personality changes.
- Vomiting blood or black, tarry stools.
- Rapid increase in abdominal girth or sudden weight gain.
- Fever or severe abdominal pain.
- Yellowing of skin or eyes (Jaundice) worsening.

Signed:

[Doctor Name]
[Department/Hospital Name]