

# Discharge Summary: Endoscopic Stricture Dilation

**Date:** [Insert Date]

**Patient Name:** [Insert Name]

**Date of Birth:** [Insert DOB]

**Procedure Performed:** [EGD / Colonoscopy] with Stricture Dilation

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## Procedure Overview

The patient underwent an endoscopic dilation of a stricture located in the [Location, e.g., Esophagus/Anastomosis]. The dilation was performed using a [Balloon / Savary-Gilliard] dilator to a maximum diameter of [Size] mm. The procedure was completed without immediate complications.

## Recovery and Sedation

The patient has recovered from sedation. Due to the medication received, the patient must not drive a vehicle, operate heavy machinery, or sign legal documents for the next 24 hours. A responsible adult must accompany the patient home.

## Dietary Instructions

- Begin with clear liquids.
- If tolerated, progress to soft foods for the next [Number] hours.
- Avoid sharp or hard foods (e.g., chips, nuts, tough meat) for 48 hours.

## Medications

Continue all home medications unless instructed otherwise. [Specific Instructions: e.g., Resume blood thinners on Date].

## When to Seek Medical Attention

Contact the clinic or go to the Emergency Room immediately if you experience:

- Severe chest or abdominal pain.
- Difficulty swallowing or worsening pain when swallowing.
- Fever or chills.

- Shortness of breath.
- Vomiting blood or passing black, tarry stools.

## **Follow-Up**

**Follow-up Appointment:** [Date/Time or "As scheduled"]

**Biopsy Results:** Expected in [Number] days.

**Physician Signature:** \_\_\_\_\_

**Contact Number:** [Insert Phone Number]