

**Date:** [Date]

**Patient Name:** [Patient Name]

**Date of Birth:** [DOB]

**Referral Diagnosis:** [Diagnosis/Surgical Procedure]

**Date of Initial Evaluation:** [Date]

**Date of Discharge:** [Date]

**To:** [Referring Physician Name]

**Reason for Discharge:**

Goals Met

Therapy Plateau

Patient Non-compliance/Missed Appointments

Transition to Home Health/Outpatient Rehab

**Summary of Treatment:**

Patient was seen for [Number] sessions of Occupational Therapy focusing on upper extremity rehabilitation, including: [Range of motion, strengthening, manual therapy, ADL training, splinting].

**Clinical Outcome:**

- **Range of Motion:** [Specify improvements or final measurements]
- **Strength:** [Specify MMT grades or grip strength]
- **Pain Level:** [Pre-treatment vs. Post-treatment]
- **Functional Status:** [Independent/Modified Independent/etc. in ADLs]

**Home Exercise Program:**

Patient has been provided with a final home exercise program and has demonstrated independent performance of all exercises.

**Recommendations:**

[Insert specific follow-up instructions or precautions here].

Sincerely,

[Therapist Signature]

[Therapist Name, Credentials]

[Facility Name]