

Subject: Your Blood Test Results - Iron Levels

Dear [Patient Name],

We are writing to provide you with the results of your recent blood work performed on [Date].

Your results indicate that your iron levels are below the normal range. This condition, often referred to as iron deficiency, means your body does not have enough iron to produce sufficient hemoglobin for your red blood cells.

Your Results:

Serum Iron: [Value]

Ferritin Level: [Value]

Hemoglobin: [Value]

Common symptoms of low iron include fatigue, shortness of breath, dizziness, and cold hands or feet. To address this, the following plan is recommended:

- **Dietary Changes:** Increase intake of iron-rich foods such as red meat, beans, spinach, and fortified cereals.
- **Supplementation:** [Doctor's Recommendation for Iron Supplement].
- **Follow-up:** Please schedule a follow-up appointment in [Timeframe] to re-test your levels.

If you have any questions regarding these results or the recommended treatment plan, please contact our office at [Phone Number].

Sincerely,

[Doctor/Provider Name]

[Clinic/Practice Name]