

[Clinic/Practice Name]

[Address Line 1]

[Address Line 2]

[Phone Number]

Date: [Current Date]

Patient Name: [Patient Full Name]

Date of Birth: [Patient DOB]

NHS/Patient Number: [ID Number]

Dear [Patient Name],

I am writing to inform you of the results of your recent thyroid function blood test performed on [Date of Test].

Your results have returned as **borderline**. This means that while your hormone levels are not within the standard "normal" range, they are also not significantly high or low enough to require immediate medication or a formal diagnosis of a thyroid condition at this time.

Your Results:

TSH (Thyroid Stimulating Hormone): [Result] (Reference Range: [Range])

FT4 (Free Thyroxine): [Result] (Reference Range: [Range])

Plan:

Because these results are borderline, the most appropriate next step is a "wait and see" approach. Thyroid levels can fluctuate due to recent illness, stress, or other temporary factors. We would like to repeat this blood test in [**e.g., 3 months / 6 months**] to see if the levels have returned to normal or if a trend is developing.

Next Steps:

1. Please book a follow-up blood test for [Month/Year].
2. If you develop new or worsening symptoms such as extreme fatigue, unexplained weight changes, or sensitivity to cold/heat before your next test, please contact the surgery.

You do not need to take any action regarding medication at this stage. We will review the situation once the repeat results are available.

Sincerely,

[Doctor/Provider Name]

[Title/Position]