

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Subject: Preliminary Food Intolerance Test Results

Dear [Patient Name],

We are writing to provide you with the preliminary results of your recent food intolerance test conducted on [Date].

The initial analysis indicates potential sensitivities to the following items:

- [Food Item 1]
- [Food Item 2]
- [Food Item 3]

Please note that these results are preliminary. A food intolerance is not the same as a food allergy, and these findings should be used as a guide for an elimination diet rather than a final diagnosis.

We recommend the following next steps:

- Keep a detailed food and symptom diary for the next 14 days.
- Schedule a follow-up consultation to discuss a personalized nutrition plan.
- Do not make radical changes to your diet without professional supervision.

If you have any immediate questions, please contact our office at [Phone Number].

Sincerely,

[Provider Name]

[Practice/Clinic Name]