

[Your Name]
[Your Practice/Clinic Name]
[Phone Number]
[Email Address]

[Date]

[Patient Name]
[Patient Address]

Subject: Follow-up on Food Intolerance Test Results

Dear [Patient Name],

I am writing to follow up regarding the results of your recent food intolerance test. Your results are now available for review.

The report identifies several foods that may be contributing to your current symptoms. Based on these findings, I recommend that we schedule a consultation to discuss the following:

- An explanation of your specific reactive triggers.
- A structured elimination diet plan.
- Nutritional substitutes to ensure a balanced diet.
- A timeline for reintroducing foods to assess tolerance.

Please contact our office at [Phone Number] or reply to this email to schedule your follow-up appointment. It is important that we review these results together before you make significant changes to your diet.

I look forward to helping you improve your digestive health.

Sincerely,

[Your Signature]
[Your Printed Name and Title]