

Current Date: [Insert Date]

To: [Physician Name]

Clinic Name: [Insert Clinic Name]

Address: [Insert Clinic Address]

RE: Request for Comprehensive Hormone Panel and Testosterone Testing

Dear Dr. [Physician Last Name],

I am writing to formally request a comprehensive blood workup to evaluate my endocrine function and hormonal health. I have been experiencing symptoms such as [List symptoms, e.g., fatigue, low libido, mood changes, decreased muscle mass] and would like to establish a baseline for my hormone levels.

Please provide a lab requisition for the following markers:

- Total Testosterone
- Free Testosterone (Direct)
- Sex Hormone Binding Globulin (SHBG)
- Estradiol (Sensitive)
- Luteinizing Hormone (LH) and Follicle Stimulating Hormone (FSH)
- Prostate-Specific Antigen (PSA)
- Complete Blood Count (CBC) with Differential
- Comprehensive Metabolic Panel (CMP)
- Lipid Profile
- Thyroid Panel (TSH, Free T3, Free T4)

I would like to have these tests performed fasting and as early in the morning as possible to ensure the most accurate results for testosterone levels.

Please let me know when the requisition is ready or if you require an office visit to discuss these tests further. Thank you for your assistance in managing my health.

Sincerely,

[Your Name]

[Your Date of Birth]

[Your Phone Number]