

[Doctor Name/Clinic Name]
[Clinic Address]
[City, State, Zip Code]
[Phone Number]

[Date]

Patient Name: [Patient Name]
Date of Birth: [DOB]
Reference Number: [Lab ID/Chart Number]

Dear [Patient Name],

We are writing to inform you of the results from your recent blood test conducted on [Date]. Your total testosterone level was measured at [Result] ng/dL.

This result is considered "borderline." This means your levels fall at the lower end of the typical reference range or just outside of it. Because testosterone levels can fluctuate based on the time of day, sleep quality, and overall health, a single borderline result does not always indicate a clinical deficiency.

To determine the best course of action, we recommend the following next steps:

- **Repeat Testing:** We would like to schedule a second blood draw. This should be done between 7:00 AM and 10:00 AM, as this is when levels are most accurate.
- **Symptom Review:** Please monitor if you are experiencing persistent fatigue, low mood, or changes in physical performance.
- **Follow-up Consultation:** Please schedule a brief appointment or telehealth call to discuss these results in the context of your overall health.

Please contact our office at [Phone Number] to schedule your repeat lab work or your follow-up appointment.

Sincerely,

[Doctor Signature/Name]
[Clinic Name]