

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Dear [Patient Name],

This letter is to follow up on your recent kidney function tests. Your results indicate that your [eGFR/Creatinine levels] are outside of the target range. This suggests that your kidneys are not filtering as efficiently as they should be.

Nutrition plays a vital role in managing kidney health and preventing further stress on these organs. Therefore, I have scheduled a dietary consultation for you to discuss a kidney-friendly meal plan.

**Appointment Details:**

- **Date:** [Date]
- **Time:** [Time]
- **Location:** [Clinic Name/Room Number]
- **Provider:** [Dietitian/Nutritionist Name]

During this session, we will review the following:

- Managing intake of protein, sodium, and potassium.
- Fluid management strategies.
- Identifying foods that support renal health.
- Reviewing your current laboratory values in relation to your diet.

Please bring a list of your current medications and a 3-day log of what you typically eat and drink to this appointment.

If you need to reschedule, please call our office at [Phone Number] at least 24 hours in prior to your appointment.

Sincerely,

[Provider Name]

[Title]

[Facility Name]