

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Subject: Reminder: Post-Operative Physical Therapy Follow-Up

Dear [Patient Name],

We hope your recovery is progressing well following your recent surgery on [Date of Surgery].

This is a friendly reminder to schedule or attend your upcoming post-operative physical therapy session. Consistent rehabilitation is a vital part of your recovery process to ensure you regain strength, mobility, and function safely.

**Your next appointment details:**

- Date: [Date]
- Time: [Time]
- Location: [Clinic Name/Address]

If you have not yet scheduled your follow-up appointment, please contact our office as soon as possible at [Phone Number] or reply to this email.

Please remember to bring any updated instructions or precautions from your surgeon to your session. If you are experiencing increased pain, swelling, or any concerning symptoms, please notify us immediately.

We look forward to helping you reach your recovery goals.

Sincerely,

[Physical Therapist Name]

[Clinic Name]

[Phone Number]

[Website]