

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Dear [Patient Name],

Our records show that you missed your scheduled postpartum follow-up appointment on [Date]. We are reaching out because this visit is a vital part of your recovery and long-term health after childbirth.

During this appointment, we check your physical healing, discuss emotional well-being, and address any concerns you may have. **Please call our office at [Phone Number] immediately to reschedule.**

If you experience any of the following "red flag" symptoms before we see you, please seek emergency medical care or call 911 right away:

- Heavy vaginal bleeding (soaking a pad in an hour)
- Severe headache that does not go away with medicine
- Vision changes or seeing spots
- Shortness of breath or chest pain
- Fever of 100.4F or higher
- Thoughts of harming yourself or your baby
- Extreme swelling in your hands, face, or legs

Your health is our priority. If you have already rescheduled or are receiving care elsewhere, please let us know so we can update your medical record.

Sincerely,

[Provider Name/Clinic Name]

[Clinic Phone Number]