

**Date:** [Insert Date]

**Patient Name:** [Insert Patient Name]

**Date of Birth:** [Insert Date of Birth]

**Patient Address:** [Insert Patient Address]

Dear [Patient Name],

Our records indicate that you missed your scheduled Gestational Diabetes consultation on [Insert Date of Missed Appointment].

We are concerned about your health and the health of your baby. Gestational diabetes requires active monitoring and management to reduce the risk of complications, including:

- High blood pressure during pregnancy (preeclampsia).
- Excessive birth weight (macrosomia), which can lead to delivery complications.
- Preterm birth.
- Low blood sugar for the baby after delivery.

It is vital that we review your blood sugar levels and discuss your management plan. Please contact our office immediately at [Insert Phone Number] to reschedule this appointment.

If you are experiencing symptoms such as blurred vision, extreme thirst, frequent urination, or decreased fetal movement, please seek immediate medical attention or go to the nearest emergency department.

If you have already rescheduled this appointment or are receiving care elsewhere, please let us know so we can update your medical records.

Sincerely,

[Provider Name/Signature]

[Clinic/Hospital Name]

[Contact Information]