

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Dear [Patient Name],

We missed you at your scheduled nutritional counseling appointment on [Date of Appointment]. We hope everything is well.

Consistent follow-up is an important part of reaching your health and nutrition goals. These sessions allow us to monitor your progress, adjust your meal plan, and address any challenges you may be facing.

Please contact our office at [Phone Number] or reply to this email to reschedule your visit. If you no longer require our services, please let us know so we can update your records.

We look forward to hearing from you and helping you continue your wellness journey.

Sincerely,

[Provider Name]

[Practice/Clinic Name]