

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Subject: Routine Blood Pressure Monitoring Reminder

Dear [Patient Name],

Our records indicate that it is time for your routine blood pressure check. Regular monitoring is a vital part of preventive health and helps us ensure your cardiovascular system remains healthy.

High blood pressure often has no symptoms, so it is important to have it checked consistently to manage any risks early. This appointment will only take a few minutes of your time.

Please contact our office at [Phone Number] to schedule an appointment. Alternatively, you may book your slot through our online portal at [Website URL].

If you have recently had your blood pressure checked at another clinic or are monitoring it at home, please let us know so we can update your medical record.

We look forward to seeing you soon.

Sincerely,

[Doctor or Practice Name]

[Clinic Name]

[Contact Information]