

[Practice Name]  
[Practice Address]  
[City, State, Zip Code]  
[Phone Number]

[Date]

[Patient Name]  
[Patient Address]  
[City, State, Zip Code]

**Subject: Routine Blood Pressure Monitoring Appointment**

Dear [Patient Name],

Our records show that you are due for a routine blood pressure check as part of your ongoing care for [Condition Name, e.g., Hypertension].

Regular monitoring is essential to ensure your condition is well-managed and to adjust your treatment plan if necessary. These check-ups help us prevent future health complications.

Please contact our reception desk at [Phone Number] to schedule a 15-minute appointment with our [Nurse/Healthcare Assistant].

When you attend your appointment, please bring a list of any current medications you are taking.

If you have already had your blood pressure checked elsewhere recently, or if you monitor your blood pressure at home, please call us to provide those readings so we can update your medical file.

Thank you for prioritizing your health.

Sincerely,

[Doctor's Name/Practice Manager]  
[Practice Name]