

[Practice Name]
[Practice Address]
[City, State, Zip Code]
[Phone Number]

[Date]

[Patient Name]
[Patient Address]
[City, State, Zip Code]

Subject: Routine Blood Pressure Monitoring and Telehealth Update

Dear [Patient Name],

Our records show that you are due for a routine blood pressure monitoring check. Regular monitoring is essential for managing your health and preventing long-term complications.

To provide you with more flexible care, we are transitioning these routine reviews to our Telehealth service. This allows you to discuss your readings with your provider from the comfort of your home.

Next Steps:

- **Monitor:** Please record your blood pressure readings twice daily for the next seven days.
- **Schedule:** Call our office at [Phone Number] or visit [Website/Portal] to book a "Telehealth Blood Pressure Review" appointment.
- **Prepare:** Have your recorded readings ready to share during your video or phone consultation.

If you do not have a home blood pressure monitor, please contact us so we can arrange an in-clinic reading or provide guidance on obtaining a device.

We look forward to connecting with you online soon.

Sincerely,

[Provider Name/Signature]
[Practice Name]