

Subject: Reminder: Your Fasting Lipid Profile is Due

Dear [Patient Name],

According to our records, you are due for a routine Fasting Lipid Profile (cholesterol blood test). This test is important for monitoring your heart health and managing your cholesterol levels.

Instructions for your test:

- Do not eat or drink anything (except water) for 9 to 12 hours before your blood draw.
- Take your regular medications as scheduled unless otherwise instructed by your doctor.
- Stay hydrated by drinking plenty of water during your fasting period.

Please contact our office at [Phone Number] to schedule your lab appointment or to request a lab order form. If you have already completed this test recently, please let us know so we can update your medical record.

Sincerely,

[Doctor Name/Clinic Name]

[Phone Number]

[Clinic Address]