Date: [Insert Date]

To: [Patient Name]
Address: [Patient Address]

Dear [Patient Name],

We are writing to follow up regarding your recent osteoporosis risk assessment and bone density (DEXA) scan performed on [Date].

Your results indicate the following:

- **Bone Density Status:** [Normal / Osteopenia / Osteoporosis]
- **T-Score:** [Insert Score]
- **Fracture Risk:** [Low / Moderate / High]

Based on these findings, we recommend the following next steps:

- [ ] Schedule a follow-up appointment to discuss medication options.
- [ ] Increase daily intake of Calcium and Vitamin D.
- [ ] Incorporate weight-bearing exercises into your routine.
- [ ] Repeat bone density testing in [Number] years.

Maintaining bone health is essential for preventing future fractures. Please call our office at [Phone Number] if you have any questions or to schedule your next appointment.

Sincerely,

[Doctor Name]
[Clinic Name]