

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Dear [Patient Name],

Subject: Invitation for your Preventative Cardiovascular Health Assessment

Our records show that you are due for a routine cardiovascular health assessment. This check-up is a preventative measure designed to assess your heart health and identify any potential risks for heart disease or stroke early on.

During this appointment, we will review your:

- Blood pressure
- Cholesterol levels
- Blood sugar
- Body Mass Index (BMI)
- Lifestyle factors and family history

Preventative screenings are a vital part of maintaining long-term health. Even if you feel well, these checks can provide peace of mind or allow us to create a management plan if any risk factors are detected.

Please contact our office at [Phone Number] or visit our online portal at [Website URL] to schedule your appointment. This assessment typically takes [Duration, e.g., 20 minutes].

If you have had these tests performed elsewhere recently, please let us know so we can update your medical record.

Sincerely,

[Doctor/Provider Name]

[Clinic/Practice Name]