[Practice Name]
[Practice Address]
[City, State, Zip Code]
[Phone Number]

[Date]

[Patient Name]
[Patient Address]
[City, State, Zip Code]

Dear [Patient Name],

We are reaching out because we noticed it has been a while since your last visit to our Weight Management clinic. We have missed seeing you and want to ensure you are still supported in your health journey.

We understand that managing health goals can be challenging, and life often gets in the way. Our team is here to provide a non-judgmental environment where we can review your progress, adjust your current plan, and discuss any new obstacles you may be facing.

Consistency is key to long-term success. We would love to reconnect and help you get back on track toward your wellness goals.

Please call us at [Phone Number] or visit our online portal at [URL] to schedule a follow-up appointment. We look forward to seeing you again soon.

Sincerely,

[Provider Name/Signature]
[Practice Name]