

[Date]

To the Parent/Guardian of [Athlete's Name],

Welcome to [Clinic/Practice Name]

Thank you for choosing [Clinic/Practice Name] for your child's sports injury care. We are dedicated to helping young athletes recover safely and return to the activities they love.

Our team understands the unique needs of developing athletes. Our primary goal is to provide a comprehensive recovery plan that focuses on healing, strength building, and future injury prevention.

What to Expect During the First Visit:

- A thorough evaluation of the injury.
- A review of your child's athletic history.
- An initial personalized treatment plan.
- Guidance on rest, activity modification, and home exercises.

Important Information:

Please bring any previous imaging (X-rays/MRIs), a list of current medications, and comfortable athletic clothing for your child to wear during the assessment.

We look forward to working with your family. If you have any questions before your appointment, please call us at [Phone Number] or email [Email Address].

Sincerely,

[Provider Name/Signature]

[Title/Department]

[Clinic Name]