

Dear [Client Name],

Welcome to the Weekend Warrior Sports Recovery program! We are thrilled to help you optimize your recovery and get you back to the activities you love.

Our mission is to provide you with the same professional-grade recovery protocols used by elite athletes, tailored specifically for your active lifestyle. Whether you are recovering from a marathon, a soccer tournament, or a heavy lifting session, we have the tools to help you bounce back faster.

Your Membership Includes:

- Access to [List Services, e.g., Compression Therapy, Ice Baths, Infrared Sauna].
- Personalized recovery plan based on your sport.
- Discounted rates on supplemental workshops and gear.

Next Steps:

Please log in to our portal at [Website Link] to book your first session. We recommend scheduling your recovery within 24 to 48 hours of your peak physical activity for the best results.

If you have any questions regarding our services or your account, please reply to this email or call us at [Phone Number].

Train hard. Recover harder.

Best regards,

The Weekend Warrior Team
[Company Name]
[Address]
[Website]