

Dear [Patient Name],

Welcome to [Clinic Name]. We are honored that you have chosen our integrative clinic for your healthcare journey. Our mission is to provide holistic, patient-centered care that addresses the physical, emotional, and lifestyle factors unique to women's health.

Your First Appointment

Date: [Date]

Time: [Time]

Provider: [Provider Name]

What to Expect

During your initial consultation, we will conduct a comprehensive review of your medical history, lifestyle habits, and health goals. Unlike traditional visits, our integrative approach allows more time for us to listen and co-create a personalized wellness plan with you.

Preparing for Your Visit

- Please complete the digital intake forms sent to your email at least 24 hours before your visit.
- Bring copies of any recent lab results or imaging (within the last 6-12 months).
- Bring all current medications and supplements in their original bottles.

Clinic Policies

If you need to reschedule or cancel, please provide at least [Number] hours' notice to avoid a cancellation fee. We strive to maintain a punctual environment and appreciate your timely arrival.

We look forward to partnering with you to achieve optimal health and vitality.

Warmly,

The Team at [Clinic Name]

[Phone Number]

[Website URL]

[Clinic Address]