

[Practice Name]
[Practice Address]
[Phone Number]
[Email/Website]

[Date]

Dear [Patient Name],

Welcome to [Practice Name]! We are honored that you have chosen us for your chiropractic spinal care. Our goal is to help you achieve your health and wellness goals through natural, effective chiropractic treatment.

Your first appointment is scheduled for:

Date: [Appointment Date]

Time: [Appointment Time]

What to expect at your first visit:

- A comprehensive review of your health history.
- A thorough physical and spinal examination.
- A discussion regarding your specific symptoms or wellness goals.
- An initial treatment plan tailored to your needs.

How to prepare:

- Please arrive 15 minutes early to complete any necessary paperwork.
- Wear comfortable, loose-fitting clothing.
- Bring any recent X-rays, MRI reports, or relevant medical records.
- Bring your identification and insurance card (if applicable).

We are committed to providing you with the highest quality of care. If you have any questions before your visit, please do not hesitate to call our office at [Phone Number].

We look forward to meeting you and helping you on your journey to better health.

Sincerely,

[Doctor's Name/Office Manager Name]
[Practice Name]