

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Dear [Patient Name],

Welcome to [Clinic Name]. We are pleased that you have chosen our office for your chiropractic spinal care. Our goal is to help you achieve optimal health through natural, non-invasive treatments.

Your First Visit

During your orientation, we will conduct a thorough review of your health history and a physical examination focusing on your spinal alignment. If necessary, we may also perform diagnostic imaging to better understand your condition.

What to Expect

Chiropractic care focuses on the relationship between the structure of the spine and the function of the nervous system. You may experience your first adjustment during this visit or after the doctor has reviewed your exam results. We will discuss a personalized treatment plan tailored to your specific needs.

Office Policies

- Please arrive 15 minutes early to complete any remaining paperwork.
- Wear comfortable, loose-fitting clothing.
- If you need to reschedule, please provide at least 24 hours' notice.

Insurance and Payment

Please bring your insurance card and a valid ID. Payment or co-pays are due at the time of service unless other arrangements have been made.

We look forward to partnering with you on your journey to wellness. If you have any questions before your appointment, please call us at [Phone Number].

Sincerely,

[Doctor's Name/Clinic Manager]

[Clinic Name]