

Dear [Patient Name],

Welcome to [Clinic Name]. We are pleased that you have chosen us to partner with you on your journey toward hormonal balance and improved wellness.

Our goal is to identify the root cause of your symptoms and develop a personalized treatment plan tailored to your specific needs. We understand that hormonal health affects every aspect of your life, and we are committed to providing you with comprehensive care and support.

Your Next Steps:

- **Initial Consultation:** Scheduled for [Date] at [Time].
- **Lab Work:** Please complete your prescribed blood panels at least [Number] days before your appointment.
- **Patient Portal:** Please log in to [Link] to complete your medical history forms.

What to Expect:

During your first visit, we will review your lab results, discuss your symptoms in detail, and outline your preliminary treatment strategy. This may include bioidentical hormone replacement therapy (BHRT), nutritional guidance, or lifestyle adjustments.

If you have any questions prior to your appointment, please contact our office at [Phone Number] or [Email Address].

We look forward to helping you feel like yourself again.

Sincerely,

[Provider Name]

[Clinic Name]

[Address]

[Website]