Dear [Participant Name],

Welcome to your Wellness Journey! We are thrilled to have you join this program and take this proactive step toward enhancing your health and well-being.

This induction marks the start of a personalized path designed to help you achieve your physical and mental wellness goals. Over the coming weeks, you will have access to professional guidance, resources, and a supportive community to help you stay motivated.

Your Induction Details:

- **Start Date:** [Date]
- **Primary Coach/Mentor:** [Name]
- **Access Link/Portal:** [URL]

Next Steps:

1. Complete your initial wellness assessment form.
2. Schedule your 1-on-1 discovery call.
3. Download the program handbook attached to this email.

If you have any questions before we begin, please feel free to reach out to us at [Email Address] or [Phone Number].

We are excited to support you in becoming the best version of yourself!

Best regards,

[Your Name/Organization Name]
[Title]
[Website]