Dear [Patient Name],

Welcome to [Clinic Name]. We are pleased that you have chosen us to support your journey toward optimal health and wellness through naturopathic medicine.

This letter confirms your upcoming telehealth consultation scheduled for:

- **Date:** [Date]
- **Time:** [Time]
- **Link:** [Insert Video Call Link]

Before Your Appointment:

- Complete the online intake forms at least 24 hours before our session.
- Upload any recent blood work or lab results to the patient portal.
- Ensure you have a stable internet connection and a private, quiet space for the call.

What to Expect:

During our initial consultation, we will review your health history, current symptoms, lifestyle factors, and health goals. Together, we will create a personalized wellness plan which may include nutritional guidance, herbal medicine, or lifestyle recommendations.

Cancellation Policy:

If you need to reschedule or cancel, please provide at least [Number] hours' notice to avoid a cancellation fee.

If you have any questions prior to our meeting, please reply to this email or call us at [Phone Number].

In health,

[Practitioner Name]
[Credentials]
[Clinic Name]