Dear [Patient Name],

Welcome to [Clinic/Facility Name]. We are committed to helping you recover from your ankle injury and regaining your mobility.

Your rehabilitation program will focus on:

- Reducing pain and swelling
- Restoring range of motion
- Strengthening the supporting muscles
- Improving balance and stability

Your first appointment is scheduled for:

Date: [Date]
Time: [Time]
Location: [Address/Suite Number]

Please bring the following to your first visit:

- Comfortable athletic clothing and sneakers
- Any recent X-ray or MRI reports
- A list of current medications
- Your insurance information

If you have any questions before your appointment, please call us at [Phone Number] or email [Email Address].

We look forward to working with you on your recovery.

Sincerely,

[Provider Name/Signature]
[Title]
[Clinic Name]