Dear [Patient Name],

Congratulations on your new addition, and welcome to our Postpartum Medical Weight Loss Program! We are honored to support you as you navigate this new chapter of motherhood and work toward your health and wellness goals.

Our program is designed specifically for the postpartum body, focusing on safe, sustainable, and medically supervised weight loss. We understand that this period involves unique physical and emotional changes, and our team is here to provide a plan that fits your lifestyle and needs.

Your Next Steps:

- **Initial Consultation:** Your first appointment is scheduled for [Date] at [Time].
- **Lab Work:** Please ensure your blood work is completed at least 48 hours before your appointment.
- **Patient Portal:** Please log in to [Link] to complete your intake forms and medical history.

What to Expect:

During your first visit, we will review your medical history, discuss your breastfeeding status (if applicable), and perform a comprehensive body composition analysis. Together, we will create a personalized roadmap that may include nutritional guidance, activity recommendations, and medical interventions where appropriate.

If you have any questions before your first visit, please contact our office at [Phone Number] or [Email Address].

We look forward to seeing you soon and helping you feel your best.

Best regards,

[Provider Name/Clinic Name]
[Address]
[Phone Number]