

**Date:** [Date]

**RE: Transfer of Care - Post-Operative Cardiac Rehabilitation**

**Patient Name:** [Patient Full Name]

**Date of Birth:** [DOB]

**Hospital ID:** [ID Number]

To the Rehabilitation Team,

This letter serves to formally transfer the care of the above-named patient following a Coronary Artery Bypass Graft (CABG) procedure.

### 1. Surgical Summary

- **Date of Surgery:** [Date]
- **Procedure:** [e.g., CABG x3 - LIMA to LAD, SVG to RCA/OM]
- **Indication:** [e.g., Triple vessel disease / Unstable Angina]
- **Surgeon:** [Surgeon Name]

### 2. Clinical Status & Hospital Course

[Brief description of post-operative recovery, e.g., uncomplicated recovery, managed in ICU for 24 hours, transferred to ward on day 2].

### 3. Current Medications

- **Antiplatelets:** [Name/Dose]
- **Beta-Blockers:** [Name/Dose]
- **Statins:** [Name/Dose]
- **ACE Inhibitors:** [Name/Dose]
- **Analgesia:** [Name/Dose]

### 4. Recovery Milestones & Restrictions

- **Sternal Stability:** [e.g., Sternal precautions for 6-8 weeks]
- **Wound Status:** [e.g., Sternal and donor site incisions healing well, sutures removed]
- **Mobility:** [e.g., Independent with steady gait, climbing one flight of stairs]
- **Exercise Tolerance:** [Current level of activity]

### 5. Rehabilitation Goals

The patient is referred for phase II/III cardiac rehabilitation to optimize cardiovascular health, manage risk factors, and facilitate a safe return to daily activities and work.

### 6. Follow-up Plan

- Cardiology Review: [Date/Time]
- Surgical Review: [Date/Time]
- Pathology/Imaging: [Scheduled tests]

Please contact [Contact Name/Department] at [Phone Number] if further information is required.

Sincerely,

[Signature]

[Printed Name]

[Title/Position]

[Hospital/Department Name]