

[Doctor or Clinic Name]
[Address Line 1]
[City, State, Zip Code]
[Phone Number]

[Date]

To: [Patient Name]
Address: [Patient Address]

Dear [Patient Name],

Subject: Reassurance Regarding Your Upcoming Routine Blood Tests

We are writing to confirm your appointment for routine diagnostic blood testing on [Date] at [Time].

We understand that undergoing medical tests can sometimes cause concern. However, we want to reassure you that these tests are a standard part of your preventative healthcare. This screening is being performed to establish a baseline for your health and to ensure that your body is functioning as it should.

Please note the following regarding your appointment:

- **Purpose:** These are routine checks to monitor general health markers.
- **Preparation:** [Insert instructions, e.g., Please fast for 8 hours prior / No special preparation needed].
- **Duration:** The procedure is very quick and typically takes less than ten minutes.

Most patients find the process straightforward and experience minimal discomfort. Once the lab processes your samples, we will review the results and contact you to discuss them. If all results are within the normal range, we will notify you via [Patient Portal/Letter/Phone].

If you have any specific questions or feel anxious about the procedure, please do not hesitate to contact our office at [Phone Number]. Our team is here to support you.

Sincerely,

[Doctor's Name/Signature]
[Clinic Name]