

[Doctor Name/Clinic Name]  
[Clinic Address]  
[City, State, Zip Code]  
[Phone Number]

[Date]

[Patient Name]  
[Patient Address]  
[City, State, Zip Code]

Dear [Patient Name],

I am writing to follow up on your treatment plan for high blood pressure. During our last review, we discussed the importance of taking your prescribed medication and following recommended lifestyle changes to keep your blood pressure within a healthy range.

Consistently managing your blood pressure is the most effective way to reduce the risk of serious health complications, such as heart attack, stroke, and kidney damage. We noticed that it has been some time since your last check-up or prescription refill.

To ensure your treatment is working effectively and safely, we would like to schedule a follow-up appointment. During this visit, we will:

- Check your current blood pressure readings.
- Review your medication and discuss any side effects you may be experiencing.
- Update your treatment plan as needed.

If you are having difficulty taking your medication as prescribed, please let us know so we can find a solution that works better for you.

Please call our office at [Phone Number] to schedule your follow-up appointment at your earliest convenience.

Sincerely,

[Doctor Name/Provider Name]  
[Clinic Name]