

Date: [Insert Date]

To: [Recipient Name/Insurance Provider]

Re: Medical Necessity for Continued Range of Motion (ROM) Therapy

Patient Name: [Patient Full Name]

Date of Birth: [Patient DOB]

Claim/ID Number: [Policy Number]

To Whom It May Concern,

I am writing to formally recommend the continuation of Range of Motion (ROM) therapy for [Patient Name] regarding the treatment of [Specific Diagnosis/Injury].

The patient has been under my care since [Start Date] and has undergone [Number] sessions of therapy to date. While the patient has shown progress in [mention specific improvement, e.g., flexion/extension], they currently present with a significant deficit in [Specific Body Part]. Current measurements indicate [Insert Degree] of motion, which remains below the functional goal of [Insert Degree].

Continued therapeutic intervention is medically necessary to:

- Prevent permanent joint contracture and tissue shortening.
- Restore functional independence for Activities of Daily Living (ADLs).
- Reduce chronic pain associated with joint stiffness.
- Avoid the necessity for more invasive surgical procedures.

I am recommending an additional [Number] weeks of therapy, at a frequency of [Number] sessions per week. We will re-evaluate the patient's progress at the end of this period to determine if further treatment is required.

Please contact my office at [Phone Number] if you require further clinical documentation or clarification.

Sincerely,

[Doctor/Therapist Signature]

[Printed Name and Title]

[Medical Facility Name]

[NPI Number]