

[Clinic Name]
[Clinic Address]
[City, State, Zip Code]
[Phone Number]

[Date]

[Patient Name]
[Patient Address]
[City, State, Zip Code]

Dear [Patient Name],

Congratulations on reaching a significant milestone in your physical therapy journey. Our recent assessment shows that you have successfully reached [Percentage/Degree] of your target Range of Motion (ROM) for your [Body Part, e.g., Left Knee].

This achievement is a direct result of your commitment to your recovery plan and your consistency with the prescribed exercises. Improving flexibility and joint mobility is a critical step toward restoring full function and reducing discomfort.

As we move into the next phase of your treatment, our focus will shift toward:

- [Goal 1, e.g., Strengthening the surrounding muscles]
- [Goal 2, e.g., Increasing functional stability]
- [Goal 3, e.g., Advanced stretching techniques]

Please continue to follow your current Home Exercise Program (HEP) as instructed. If you experience any new pain or have questions regarding your progress, do not hesitate to contact our office or discuss it during your next appointment on [Date of Next Appointment].

Keep up the excellent work.

Sincerely,

[Provider Name]
[Provider Title]
[Clinic Name]