

Subject: Results of Your Holter Monitor Test

Dear [Patient Name],

We are writing to provide you with the results of your recent Holter monitor test conducted on [Date].

The monitoring showed a few minor irregularities in your heart rhythm (arrhythmias). These findings are considered mild and are often seen in healthy individuals. They do not typically indicate a serious underlying cardiac condition.

Based on these results, the following plan is recommended:

- No immediate medical intervention is required at this time.
- Continue your current medications as prescribed.
- Monitor for any new or worsening symptoms such as dizziness or chest pain.

If you experience a significant increase in palpitations or feel faint, please contact our office to schedule a follow-up appointment.

Sincerely,

[Physician Name]

[Clinic Name]

[Phone Number]