

## LETTER OF INTENT: SOCIAL AND RECREATIONAL ACTIVITIES

**Date:** [Insert Date]

**Re:** [Full Name of Individual with Special Needs]

### **To My Successor Guardian(s):**

The purpose of this letter is to describe the social and recreational preferences of [Name] to ensure they continue to lead a fulfilling and active life.

### **Current Favorite Activities:**

[Name] currently enjoys the following activities:

- [Activity 1: e.g., Swimming, Bowling, Arts & Crafts]
- [Activity 2]
- [Activity 3]

### **Social Interaction Preferences:**

[Name] thrives best in social settings that are:

- [e.g., Small groups vs. large crowds]
- [e.g., Quiet environments vs. loud music]
- [e.g., Interaction with peers vs. interaction with family only]

### **Community Programs and Memberships:**

[Name] is currently involved with or a member of:

- [Program Name/Special Olympics/Local Club]
- [Specific Day Center or Activity Group]
- [Religious or Cultural Organization]

### **Sensory and Physical Considerations:**

When planning activities, please keep the following in mind:

- [Sensory triggers: e.g., sensitivity to loud noises, bright lights]
- [Physical limitations: e.g., needs wheelchair access, tires easily]
- [Safety concerns: e.g., needs constant supervision near water]

### **Technology and Hobbies:**

[Name] enjoys spending free time by:

- [e.g., Playing video games, watching specific movies, listening to music]
- [e.g., Using a tablet or computer]

**Vacations and Outings:**

[Name] enjoys the following types of trips or outings:

- [e.g., Annual trips to the beach, visiting the zoo, going to the cinema]

My goal is for [Name] to remain as engaged and active as possible within their community and with their friends.

Sincerely,

[Your Signature]

[Your Printed Name]